

## Human IL-8 ELISA Ready-SET-Go!® (2nd Generation)

Catalog Number: 88-8086 Also known as: Interleukin-8, CXCL8, NAP-I RUO: For Research Use Only. Not for use in diagnostic procedures.



#### Description

This Human IL-8 Ready-SET-Go! ELISA Set contains the necessary reagents, standards, buffers and diluents for performing quantitative enzyme-linked immunosorbent assays (ELISA). This ELISA set is specifically engineered for accurate and precise measurement protein levels from samples including serum, plasma, and supernatants from cell cultures. This second generation kit has increased sensitivity with a range from 2-250 pg/mL.

Human IL-8 (CXCL8), is a pro-inflammatory CXC chemokine. It is synthesized as a 99 amino acid precursor protein that is further processed into one of four isoforms, with the most common being 72 or 77 amino acids in length. IL-8(77) is secreted primarily by endothelial cells and is thought to be a less potent neutrophil activator than the other forms. It is present at high levels during fetal development, where it mediates angiogenesis rather than inflammation. The predominant form present in adults is IL-8(72), which is expressed by monocytes, macrophages, epithelial cells, and fibroblasts in response to inflammatory stimuli, environmental stress, and steroid hormones. IL-8(72) is essential for the activation and recruitment of neutrophils to sites of inflammation, and has also been found to influence T cell migration. Signaling occurs through the G-protein coupled receptors CXCR1 or CXCR2. IL-8 transcripts are often upregulated in tumors, and it is associated with tumor angiogenesis and metastasis.

#### Components

Capture Antibody. Pre-titrated, purified antibody Detection Antibody. Pre-titrated, biotin-conjugated antibody Standard. Recombinant protein for generating standard curve and calibrating samples Coating Buffer. 10X PBS ELISA Coating Buffer Assay Diluent. 5X Concentrated Detection Enzyme. Pre-titrated Avidin-HRP Substrate Solution. Tetramethylbenzidine (TMB) Solution Certificate of Analysis. Lot-specific instructions for dilution of antibodies and standards. 96-well Plates. Corning Costar flat-bottom plates (included with Cat. #s ending in -22 and -86)

### **Applications Reported**

This ELISA set is for the quantitative detection of human IL-8 in serum, plasma, and tissue culture supernatant



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#### **Applications Tested**

This assay has been validated for the detection of endogenous human IL-8 with supernatant collected from PHAstimulated cultures of normal peripheral blood monocytes. Lower levels of IL-8 are observed in unstimulated cultures.

This assay was evaluated for specificity on a panel of 72 recombinant cytokines at 100 ng/mL. No significant crossreactivity was observed.

#### References

Maheshwari A, Voitenok NN, Akalovich S, Shaik SS, Randolph DA, Sims B, Patel RP, Killingsworth CR, Fallon MB, Ohls RK. Developmental changes in circulating IL-8/CXCL8 isoforms in neonates. Cytokine. 2009 Apr;46(1):12-6.

Tajima A, Iwase T, Shinji H, Seki K, Mizunoe Y. Inhibition of endothelial interleukin-8 production and neutrophil transmigration by Staphylococcus aureus beta-hemolysin. Infect Immun. 2009 Jan;77(1):327-34.

Waugh DJ, Wilson C. The interleukin-8 pathway in cancer. Clin Cancer Res. 2008 Nov 1;14(21):6735-41.

Baggiolini M, Walz A, and Kunkel SL. Neutrophil-activating peptide-1/interleukin 8, a novel cytokine that activates neutrophils. J Clin Invest. 1989 Oct;84(4):1045-9.

#### **Related Products**

00-0400 ELISA Wash Buffer - 10 x 1L Packets 00-4201 1X TMB ELISA Substrate Solution 00-4202 ELISA Diluent Solution (5X) 17-8088 Anti-Human IL-8 APC (8CH) 39-8089 Human IL-8 Single-Use ELISA RSG Standard



# Enzyme Linked Immunosorbent Assay (ELISA)

## **Research Use Only**

## Protocol: ELISA Ready-Set-Go!

The following protocol is a general guideline for the Ready-SET-Go! Sets

### **Materials Provided**

Please refer to the Certificate of Analysis (C of A) for components

### **Other Materials Needed**

- Buffers\*
  - Wash Buffer: 1x PBS, 0.05% Tween-20 (or eBioscience ELISA Wash Buffer Powder, Cat. No. 00-0400)
  - Stop Solution: 1M H<sub>3</sub>PO<sub>4</sub> (recommended) or 2N H<sub>2</sub>SO<sub>4</sub>
  - Pipettes
- Refrigerator & frost-free -20°C freezer
- 96-well plate (Corning Costar 9018 or NUNC Maxisorp<sup>®</sup>)
  NOTE: The use of ELISA plates which are not high affinity protein binding plates will result in suboptimal performance, e.g., low signal or inconsistent data. Do not use tissue culture plates or low protein absorption plates. Use only the Corning Costar 9018 or NUNC Maxisorp (Cat. No. 44-2404) 96-well plates
- 96-well ELISA plate reader (microplate spectrophotometer)
- ELISA plate washer (highly recommended)

NOTE: To ensure optimal results from this ELISA Ready-SET-Go! Set, please only use the components included in the set. Exchanging of components is not recommended as a change in signal may occur.

### **Time Requirements**

- 1 overnight incubation
- 4½-hour incubations
- 1 hour washing and analyzing samples

### Experimental Procedure

- Coat Corning Costar 9018 (or Nunc Maxisorp<sup>®</sup>) ELISA plate with 100 μL/well of capture antibody in Coating Buffer (dilute as noted on C of A, which is included with the reagent set). Seal the plate and incubate overnight at 4°C.
- Aspirate wells and wash 3 times with >250 μL/well Wash Buffer\*. Allowing time for soaking (~ 1 minute) during each wash step increases the effectiveness of the washes. Blot plate on absorbent paper to remove any residual buffer.
- Dilute 1 part 5X concentrated Assay Diluent with 4 parts DI water.\* Block wells with 200 μL/well of 1X Assay Diluent. Incubate at room temperature for 1 hour.
- 4. Optional: Aspirate and wash at least once with Wash Buffer.
- Using 1X Assay Diluent\*, dilute standards as noted on the C of A to prepare the top concentration of the standard. Add 100 µL/well of top standard concentration to the appropriate



## Enzyme Linked Immunosorbent Assay (ELISA) Research Use Only

wells. Perform 2-fold serial dilutions of the top standards to make the standard curve for a total of 8 points. Add 100  $\mu$ L/well of your samples to the appropriate wells. Seal the plate and incubate at room temperature for 2 hours (or overnight at 4°C for maximal sensitivity).

- 6. Aspirate/wash as in step 2. Repeat for a total of 3-5 washes\*\*.
- Add 100 μL/well of detection antibody diluted in 1X Assay Diluent\* (dilute as noted on C of A). Seal the plate and incubate at room temperature for 1 hour.
- 8. Aspirate/wash as in step 2. Repeat for a total of 3-5 washes\*\*.
- Add 100 μL/well of Avidin-HRP\* diluted in 1X Assay Diluent (dilute as noted on C of A). Seal the plate and incubate at room temperature for 30 minutes.
- 10. Aspirate and wash as in step 2. In this wash step, soak wells in Wash Buffer\* for 1 to 2 minutes prior to aspiration. Repeat for a total of 5-7 washes\*\*.
- Add 100 μL/well of Substrate Solution to each well. Incubate plate at room temperature for 15 minutes.
- 12. Add 50 µL of Stop Solution to each well.
- 13. Read plate at 450 nm. If wavelength subtraction is available, subtract the values of 570 nm from those of 450 nm and analyze data.

### NOTES:

# \* Be certain that no sodium azide is present in the solutions used in this assay, as this inhibits HRP enzyme activity.

\*\*The number of washes in the protocol was adapted to an automatic plate washer. This can be decreased when using other methods but should be tested empirically. Allowing time for soaking (~ 1 minute) during each wash step increases the effectiveness of the washes.



# Enzyme Linked Immunosorbent Assay (ELISA)

**Research Use Only** 

## **Quick Guide: Standard Calibration**

The following table indicates the protein standard contained in the Ready-SET-Go! is calibrated against NIBSC standards.

Table of Standard Calibration						
Cytokine	ng of eB standard	ng of NIBSC standard	U of NIBSC standard	NIBSC Lot #		
hIL-2	1	1.1	14.6	86/564		
hlL-4	1	2.2	22	88/656		
hIL-5	1	2.2	22	90/586		
hIL-6	1	1.7	170	89/548		
hIL-8	1	1.8	180	89/520		
hlL-10	1	0.8	4	93/722		
hlL-12	1	0.8	8	95/544		
hIL-17A	1	0.9	9000	01/420		
hIFN-g	1	1.1	22	87/586		
hTNF-a	1	0.9	36	87/650		
mIL-2	1	3.1	310	93/566		
mIL-4	1	3	30	91/656		
mIL-6	1	8.5	850	93/730		
mIFN-g*	1		4.5	Gg02-901-533		
mTNF-a	1	1.7	340	88/532		

\* Mouse IFN-g is calibrated using NIH standard (Lot Gg02-901-533) and is measured in Units (U)

ELISA Troubleshooting Guide				
Problem	Possibility	Solution		
A. High background	1. Improper and inefficient washing	1. Improve efficiency of washing. Fill plates completely, soak for 1 minute per wash, as directed		
	2. Cross contamination from other specimens or positive control	2. Repeat ELISA being careful when washing and pipetting		
	3. Contaminated substrate	3. Substrate should be colorless. Replace		
	4. Incorrect dilutions, e.g., conjugate concentration was too high	4. Repeat using correct dilutions		
B. No signal	1. Improper, low protein binding capacity plates were used	1. Repeat ELISA using recommended high binding capacity plates		
	2. Wrong substrate was used	2. Repeat ELISA using the correct substrate		
	3. Enzyme inhibitor present in buffers; e.g., sodium azide in the washing buffer and Assay Diluent inhibits peroxidase activity	3. Repeat ELISA making no enzyme inhibitor is present in any buffers.		

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	4. Coated capture antibody in Assay Diluent rather than Coating Buffer	4. Repeat ELISA using Coating Buffer contained in the set as the diluent for the capture antibody.
C. Very weak signal	1. Improper and inefficient washing	1. Make sure washing procedure is done correctly, with a soak time.
	2. Incorrect dilutions of standard	2. Follow recommendations of standard preparation exactly as written on the C of A $% \left( {{{\bf{F}}_{{\rm{A}}}} \right)$
	3. Insufficient incubation time	3. Repeat ELISA following the protocol carefully for each step
	4. Incorrect storage of reagents	4. Store reagents at the correct temperature asn indicated on the Technical Data Sheet. Freezing certain components will severely impact results. Do not re-use the standards.
	5. Wrong filter in ELISA reader was used	5. Use the correct wavelength setting
	6. Wrong plate used	6. Use the recommended Corning Costar 9018 or NUNC Maxisorp flat bottom 96 well plates
D. Variation amongst replicates	1. Improper and inefficient washing	1. Make sure washing procedure is done correctly; see C of A. Edge effects can be avoided by moving samples and standards in from the edge of the plate.
	2. Poor mixing of samples	2. Mix samples and reagents gently and equilibrate to proper temperature
	3. Plates not clean	3. Plates should be wiped on bottom before measuring absorbance
	4. Reagents have expired	4. Order a new Ready-Set-Go ELISA.